

WELCOME TO MASTERMIND FOUNDATION



"SERVICE TO HUMANITY IS SERVICE TO GOD"



A lady from remote village of Tamil Nadu, a proud alumini of many prestigious universities with exceptional Knowledge & vast experience, an intensive research scholar, an accomplished Psychologist and a compassionate humanitarian got offers from several universities, Health Care Industries and Corporates which she had rejected with smile irrespective of the high designation and devoted her full time for the service of humanity across the country. Her simplicity, humbleness and service transformed many lives across the nation. She is a mentor and guide for many leaders, professionals & doctors. Her values and knowledge made others to learn for their life and work. She leads by example and is a role model.

About Mastermind Foundation

Founded in 2005, Mastermind Foundation has engaged in creating a positive environment and service initiatives. The organization operates across the country and has touched the lives of over 10 lakhs people. Our programs are based on the philosophy of peace and service to humanity. We offer various social transformation programs that will help the individual find peace, happiness and joy and thereby creating a society based on human values above caste, creed, region and religion.

Mastermind Foundation has spread peace across communities through diverse humanitarian projects including wellness workshops to Indian Army, Police Service, Prisons, Schools, Colleges, Universities and Communities, Disaster Relief, Women Empowerment, Rural Development and Tree Plantation.

“Our credo is “Service to Humanity is Service to God”

Without discrimination of Caste. Creed, Region and Religion

Genises

Dr. Lakshmi T Rajan founded Mastermind Foundation in 2005 to create Stress Free Environment and bring positive changes in the lives of underprivileged children, their families and communities. To spread great philosophy of Service to Humanity is Service To God,

Vision

Our Focus on the various activities of Social Transformation, Mental Health, Education, Youth Empowerment, Helpless Women and Old people through Psychological Services for the welfare of the community at large without discrimination of Caste. Creed, Region and Religion

Mission

Mental Health is always remains as top priority for Mastermind Foundation. We continue to address the health needs of underprivileged children and women through our dedicated Mind Care center for Mental Health. Over the decades we conduct Stress Management & Wellness Workshops for Indian Army, Police Service, Prisons, Schools, Colleges, Universities and Communities across the nation. Also we extend rescue and relief services for natural disaster.

Our Approach

At Mastermind Foundation, we are committed to our vision by creating a happy and healthy life in the society. 'Charity' alone is not a lasting solution to enable change. Through our interactions, Counseling, Workshops and Trainings we achieve our vision and mission.





OUR SERVICES





Viruksham

Grow & Save Tree

TREE
PLANTATION

GROW & SAVE TREE



Viruksham is an initiative by MMF one of the leading NGO in India which envisioned to create environmental awareness of the global warming phenomena.

Our efforts are focused upon planting millions of trees by creating public awareness about concern for global warming, healthy living, water conservation, carbon footprints and importance of a clean environment.

Through our Viruksham go green movement plantation drive we motivate and get everyone on board to create beautiful green world.

RECENT GO GREEN DRIVE



SRMIST



Loyola College



Army Public School



Kundathure Govt. School



Tamil Nadu Housing Board



MIT



Army Public School



Cancer Institute Adayar



Indian Army Chennai

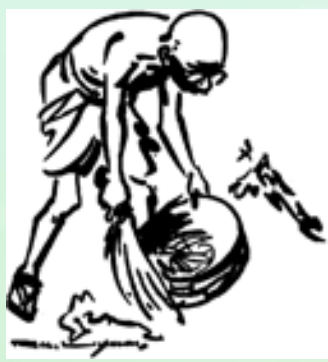


IIIT Chennai

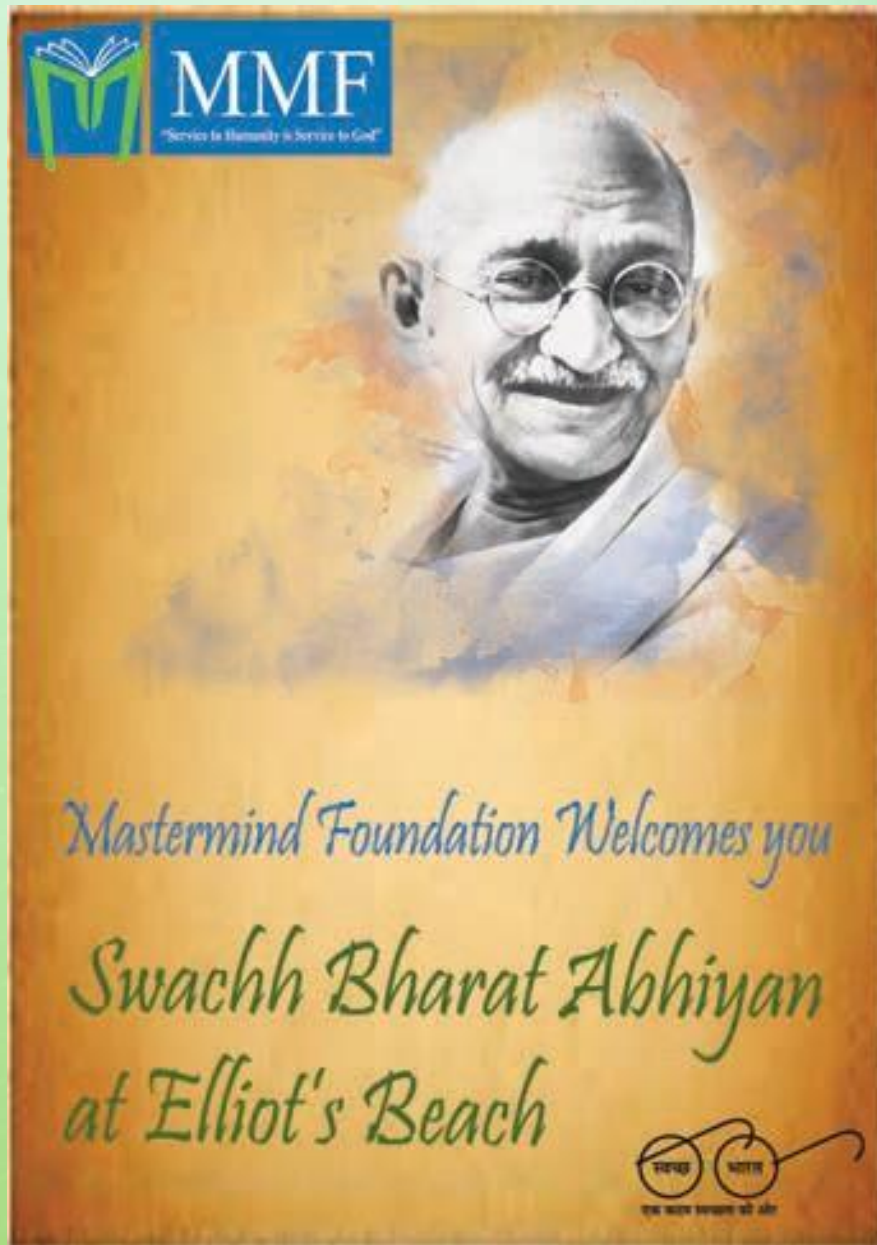
MMF & NCC



MMF has conducted plantation drive and swachh bharath abhyan with NATIONAL CADET CORPS (NCC) DIRECTORATE TAMIL NADU, PONDICHERRY & ANDAMANNICOBAR



SWACHH BHARAT ABHIYAN 2019



PARTICIPATED : NCC CADETS 500+ & MMF VOLENTEER 100

VIRUKSHAM ON WHEELS (2020)



“Viruksham on wheels” initiative of MMF, is a vehicle based quick and efficient plantation drive mechanism, utilizing modern scientific tools and methods. Under this initiative MMF envisions to plant more than 1 million tree by 2025. This will result in fixation of more than 22,000 ton of CO₂ from the surrounding environment per year, Hence reducing the carbon foot print multifold.



COVID-19 SERVICES

PAN INDIA COVID - 19 PSYCHOLOGY SERVICE

MMF
"Service to Humanity is Service to God"

COVID-19
" FREE COUNSELING
PAN INDIA"

Speak to Our Psychologist

**" You are not Alone
We are With You"**

Visit :- www.mastermindfoundation.com

The Mind Care App

FEATURES OF APP

- ▶ AUDIO GUIDED THERAPY
- ▶ PSYCHOMETRIC TEST
- ▶ ARTICLES ON MENTAL HEALTH

DOWNLOAD NOW

Audio Therapy

Anxiety
Anxiety is a normal and healthy emotion. When an individual...

Deep Breathing
Deep breathing is a powerful technique that is used to relax...

Relaxation
Relaxation is the state of being free from tension and anxiety...

Sleep Better
Sleep is a vital component of every person's overall health...

Stress Relief

MMF is a front-line warrior to extend Free PAN India COVID-19 24 * 7 Psychological Service across the country in 12 regional languages. Also, we are the official counseling service provider for 32 Districts of Tamil Nadu, Punjab & Puducherry Police and Their Families as per the request of the respective government.



FOOD FOR
HUNGER

FOOD FOR HUNGER - COVID 19



It has been found that huge number of poor people and road side underprivileged people are battling for day to day food for life. We have identified more than 1000 of most deserved including road side underprivileged people, single elderly, destitute women and unskilled daily wagers living in hutments in Chennai area.

It is our utmost duty to feed the hunger and extend our helping hands to them. As per the guidelines of the Government and Chennai Corporation we are providing dry groceries and Cooked Food to the Needy.



MENTAL
HEALTH

WELLBEING FOR DEFENCE SERVICE



Indian Army



Our selfless dedicated psychological service to the Army Wives Welfare Association across the country in the states of Goa, UP, Punjab and Tamilnadu towards the cause of welfare and empowerment of women.

Police Force



Stress is more in Police Service. Hence to create stress free environment she has conducted many Free Stress Management workshops for Goa, Meerut, UP, and Bathinda, Punjab police and their families.

**MENTAL
HEALTH
SERVICE**

**SUCIDAL
PREVENTION**

**COUNSELLING
SERVICE**

YOGA

OUR SERVICE HAS TOUCHED 1 LAC DEFENCE PERSONNELS

GIVE NEW RAY OF LIFE

Prison



Mastermind Foundation has extended her selfless service to the prisoners of District Jail, Bareilly, UP and Prisoners and Police Officers of Central Jail, Puzhal, Chennai including women and juveniles.

Special Children



Our Therapies and counselling to special children, Special Educators & parents brought new ray of hope and confidence in them. School has reached new milestone and positive transformation.

NEW RAY OF LIFE

SHAPING THE FUTURE LEADER

Schools



Mastermind Foundation Eminent Psychologists conducts workshops in Schools to optimizes student performance in studies also create of overall personality and Confidence.

Colleges



Mastermind Foundation Eminent Psychologists conducts workshops in Colleges to optimizes student performance in studies also create of overall personality and Confidence.

CARE **ALL**

CARE **ALL**

Community



Our contribution to civil community is immense, We traveled across the nation to extend our service to optimize women mental health and empowerment. Our mantra is "Service to Humanity is Service to God."

**CHENNAI FLOOD, VARDHA CYCLONE,
KERALA FLOOD, GAJA CYCLONE**

**KERALA RESCUE AND RELIEF
MASTERMIND FOUNDATION**

RESCUE & RELIEF FOR NATURAL CALAMITIES



MMF

"Service to Humanity is Service to God"

CHENNAI FLOOD "RESCUE & RELIEF WORK"



MORE THAN
500
VOLUNTEER
S WORKED
FOR 20 DAYS

RELIEF
WORK
REACHED
MORE
THAN 10
LACS
PEOPLE
RESCUE
D 1000
PEOPLE

OUR SERVICE HAS REACHED MORE THAN 10 LACS PEOPLE

KERALA FLOOD "RESCUE & RELIEF WORK"



NEW RAY OF LIFE

RESCUED
5000 PEOPLE

RESCUED
2000
ANIMALS

RESCUED
NDRF TEAM

RELIEF
WORK BOAT
SERVICE
FOR 10,000
PEOPLE

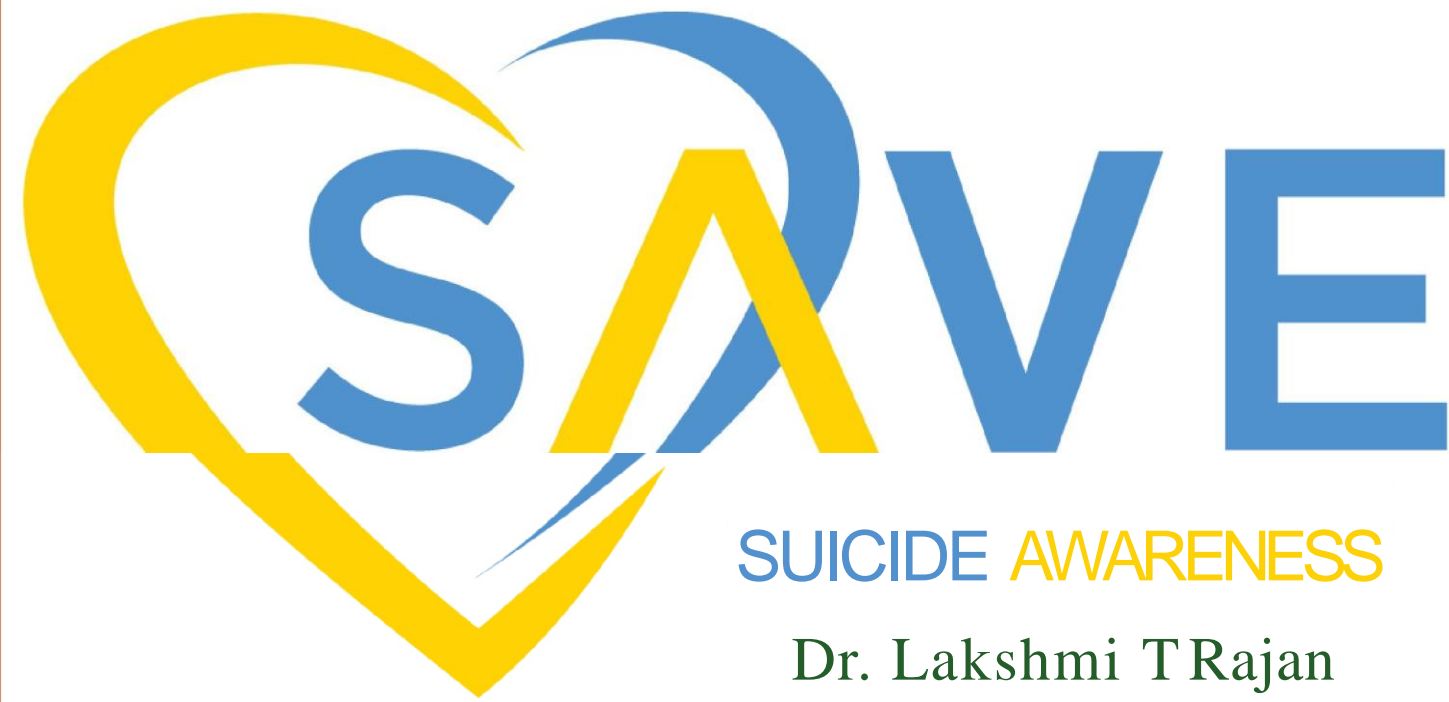
PROVIDED
5000
BEDSHEETS

18 FISHERMEN, 8 BOATS, 1 CONTAINER & RELIEF MATERIALS

GAJA CYCLONE "SAVE DELTA SAVE FARMER"



FOOD FOR 15,000 PEOPLE, TARPAULIN 100 & NEW HUTMENTS 05



Suicide Prevention Helpline



Round the clock suicide prevention counseling service (Online and telephone) to prevent suicides has been initiated by MMF. This is a steeping effort towards saving the precious life of human being by giving psychological counseling and moral support.



MMF

"Service to Humanity is Service to God"



PROJECT *Sahayata*

Educate - Empower - Transform



It is our prime duty to extend our helping hands
to the Armed forces Veterans, War Widows,
Widows and their dependents for betterment of
their life.

We help them
by
Educating - Empowering - Transforming

Initiative by Mastermind Foundation
For the Benefit of Armed forces
War Widows, Widows and their dependents



INTRODUCTION

Our Armed forces protecting our country not only from our enemy also from cross border attacks, terrorism, infiltration, disaster, floods, earthquakes, cyclones, rescue operations etc..

It is reported that there are about 25,000 military personnel have been martyred in fighting to save the country. It is a supreme sacrifice for the nation but it is also a disaster in the lives of soldier's family and dependents.

It is our prime duty to extend our helping hands to the armed forces veterans, war widows, widows and their dependents for betterment of their life.

A soldier in camouflage gear, wearing a helmet and gloves, is aiming a rifle with a scope. The rifle has a "D-2" marking on the side. The soldier is positioned behind a concrete barrier in a war-torn environment with rubble in the background.

AIM OF THE PROJECT SAHAAYATA

To provide a Sustainable assistance for the benefit of armed forces veterans, war widows and their dependents.




OBJECTIVE

1. To provide skill development initiatives to mainstream them into self- reliance.
2. Financial assistance to Children's of Widows, War Widows for their education.
3. The third activity is to recognize and reward Veterans and Veer Naris (war widows) during special days such as Republic day, Independence Day and Kargil Vijay Diwas.



WHY PROJECT SAHAAYA



Despite being at peace, India has the largest number of war widows in the world. According to estimates, India has around 25,000 war widows the highest number in the world.

According to data from Department of Sainik Welfare DSW, at least 90 percent of army widows live in rural areas, and are either illiterate or have minimal levels of education. This limits their employment opportunities, and in some cases, leaves them vulnerable to losing their monthly pensions to unscrupulous in-laws. It has been found the government assistance they have received is not enough to live a dignified life.

Most of these women are widowed before they turn 30, and for the next four to five decades of their lives, they are left with the unending struggle to survive their loss, raise their children, and take care of their families.

Our Project Sahaayata initiative will ensure Sustainable assistance for the benefit of armed forces veterans, widows, war widows and their dependents.

ABOUT MASTERMIND FOUNDATION

Founded in 2005, Mastermind Foundation has engaged in creating a positive environment and service initiatives in following areas

1. Welfare of Armed Forces.
2. Natural calamities.
3. COVID-19 Counseling.

d. Viruksham.

Viruksham is an initiative by Mastermind Foundation. Our efforts are focused on planting millions of trees by creating public awareness about concern for global warming, healthy living, water conservation, carbon footprints and importance of a clean environment. Viruksham has carried out plantation of more than 1 lakh trees at various location such as parks, Indian army, Indian Navy, MIT, IIIT, Loyola College, VIT, SRM, and many Govt. Schools and colleges.

Viruksham is a member of the prestigious steering committee, CAMPA, Tamil Nadu Forest Department.

The organization operates across the country and has touched the lives of over 10 lakhs people.

Mastermind Foundation is a non-profit organization.

Your donation is liable for tax exemption.

Permanent Account Number : AAETM1257D

80G Registration Number : AAETM1257D/05/16-17/T-0163/80G

"CSR Partener "

HUSKY

Keeping our customers in the lead

For more information contact
Lt. Col N Thiagarajan (Veteran)
General Secretary, Mastermind Foundation
9962826333 / 9445670257

Visit : <https://www.mastermindfoundation.com/>



IN MEDIA

Round-the-clock support

Chennai-based mental-health organisation, Mastermind Foundation, a centre for mental health based in Chennai, is bringing a large number of psychologists from across India on one platform to offer counselling support, round-the-clock, in 11 languages. The details of the psychologists, their contact details and availability are on <http://www.mastermindfoundation.com>

29/11/2015

Mastermind provides food for hutments along Cooum - TNCR - The Hindu

THE HINDU

» TODAY'S PAPER » DOWN TOWN

Published: November 29, 2015 00:00 IST | Updated: November 29, 2015 02:01 IST | November 29, 2015

Mastermind provides food for hutments along Cooum

Mastermind Foundation carried out rescue and relief operation at a hutment situated on the banks of the Cooum River at Island Grounds. Founder Lakshmi Rajan with her team members distributed dinner and lunch for three days.

There are around 750 families in the locality, said a press release.

They need bed sheets, clothes and food such as rice, dal, oil, onions, potatoes, biscuits, buns and bread.

Those wishing to volunteer, call 9445670257.

For details, visit <http://www.mastermind>

foundation.com/mf/

flood-relief-2015/

In India, some NGOs are providing free counselling to frontline workers. In fact, a Chennai-based NGO, Mastermind Foundation, which works with 61 psychologists has approached at least three states last week to offer free counselling to frontline workers after it started receiving calls from them.

Raveen Thukral, media advisor to CM of Punjab, one of the states the NGO approached, said a proposal to counsel police and their family members was being looked into.

Lt Col N Thiagarajan, director of the NGO, told TOI that they have been receiving 50 calls every day on average from medical practitioners, policemen and even sanitation workers. "We have rolled out a video call facility only for frontline workers, others can approach us over phone. Our sessions have a limit of half an hour."

The psychological impact of floods not fully understood

■ THARIAN MATHEW

CHENNAI : The lack of trained personnel to provide professional counselling and psychological advice to the flood affected people in Chennai, Tiruvallur, Kanchipuram, Cuddalore, Toothukudi and Tirunelveli districts can lead to mental health-related issues in the future, according to psychiatrists.

Flood relief work for the rain affected people that is still continuing considers only the physical aspect of victims' lives, but those affected, especially little children, need long-term guidance if they are to overcome their inherent fears and lead a normal life.

Dr. Lakshmi T. Rajan, founder, Mastermind Foundation, cites the case of a small girl who refuses to touch crayons post floods as the rising water level in her house washed away her crayon set. The child today associates flood water with crayons. "They need care and counselling, but the lack of such professional help is being felt only now," she says.

"While the awareness of mental health issues is yet to catch up in Chennai, it is vital

to understand that flood affected people can suffer from psychogenic issues which normal medical professionals may be unaware of," she said. She said such lack of awareness resulted in only 100 people turning up for counselling though arrangements were made to accommodate 500 in a Chennai location recently.

She cited the example of a girl's school on Bhatt Road at Kathipara junction near Guindy - following the foundation, through Facebook and Whatsapp, volunteering to provide professional counselling - where school authorities' feedback revealed a marked positive change in girls after a two-hour session.

While affected little children needed their mother's care to be normal as their age prevented them from being impacted by the crisis, it was adolescents who were liable to be affected more because they had lost precious school time in addition to total loss of their books just a month before their examinations. Such students needed counselling as poor performance in exams could affect their future and then they would always associate water with failure or blame the flood for their failure.

They need care and counselling, but the lack of such professional help is being felt only now

THE NEW
INDIAN EXPRESS

Tue, 12 Janua
epaper.newinc

*Are you affected due to the
Recent Chennai Floods???*

We are here for You.....

Mastermind Foundation has organized

FREE COUNSELLING

BENEFITS OF THE WORKSHOP

- ★ Relief From Trauma
- ★ Better Relaxation and Sleep
- ★ Control Anger
- ★ Removes Anger
- ★ More Happiness and many more...



Venue: Indoskins, S/3, Guindy Industrial Estate

Behind SBI on GST Road.

Date: 27 Dec 2015 Sunday

Time: 11 am to 1 pm

To Register: 9445670257/9894805698

An initiative by



DR. LAKSHMI T. RAJAN
M.D., M.B.A., M.A., M.P.H., P.D.
Founder, Mastermind Foundation

Print partner



Mastermind Counselling Sessions

During the floods in Chennai, many people



were provided relief by Mastermind Foundation (MMF), which has been extending psychological services to the needy. MMF provided relief materials to more than one lakh people through its volunteers. Rescue works had been done with two boats, 10 fishermen and locally modified floats. MMF's mind care unit conducted training session on stress, time and anger management, youth empowerment and personality development sessions for all age groups. These workshops have been attended by many universities, schools and corporates. MMF also provides morale and education assistance to students that will teach them values, exam and interview tips. In December, MMF conducted a counselling session for post traumatic stress disorder (PTSD) where close to 100 people attended. Most of them called MMF back wanting to conduct similar sessions in their locality. Anyone wishing to organise PTSD sessions on their premises can contact MMF at 98948 05698 or mail mastermindfoundation@gmail.com. For more details, long on to: www.mastermindfoundation.com.

ENS



How to reach them

You can call or text on WhatsApp (+91 9962826333), interact with mental health professionals on video (+91 9445670257) or even take a psychometric test on the Mind Care app



Helping the Punjab Police

Mastermind Foundation made some suggestions to the police force — like exempting women who have children less than five years old who have chronic diseases from COVID duty



SCAN THIS CODE TO READ THE WHOLE STORY



6

Mastermind Foundation is offering counselling free for the public to ease their COVID-19 worries, finds **Bidushi Das**

'COUNSEL' IS IN SESSION!

COVID-19 and the ensuing lockdown have wreaked havoc not only on the economy and jobs but also on the mental health of individuals. But none have been more affected than those working on the frontlines — the police, for example. The pandemic and increased regulations have not only made their hours longer but also their jobs more morbid. In such a scenario, mental health counselling by professionals might just be a necessity. To address this gap in police forces across the country, Chennai-based Mastermind Foundation has collaborated with the Puducherry and Punjab police forces and are offering them 24x7 counselling in their own languages.

Mastermind has also collaborated with the Government of Tamil Nadu and is offering free counselling to citizens of the state. Anyone from the 38 districts can call and get counselled by professionals. But the lack of awareness among the people has Retd Lt Col N Thiaga-

rajan, the Director of Mastermind Foundation, worried. "While such a service is available for free, mental health is still not considered a serious issue and people are not even aware that such a service exists for free," says Thiagarajan, adding, "More than the disease itself, people are afraid of getting COVID and are panicking over it. People are showing more psychological symptoms rather than those of COVID itself. This can lead to the loss of immunity and also organ failure."

While more people had called to get counselled initially, the calls have now dropped, says Thiagarajan. "We used to receive 200 to 300 calls but it has now dropped to only 50 calls a day," adds Thiagarajan. He believes it is the lack of awareness and the stigma surrounding mental health that has led to this drop. "We are mostly receiving calls from the elderly, who have been left without much support during the lockdown," he says.

mastermindfoundation.com



mind this



Family first

They are also attending to the families of the police officers. "We have received more calls from the family members who are worried," says Thiagarajan

Caring for the homeless

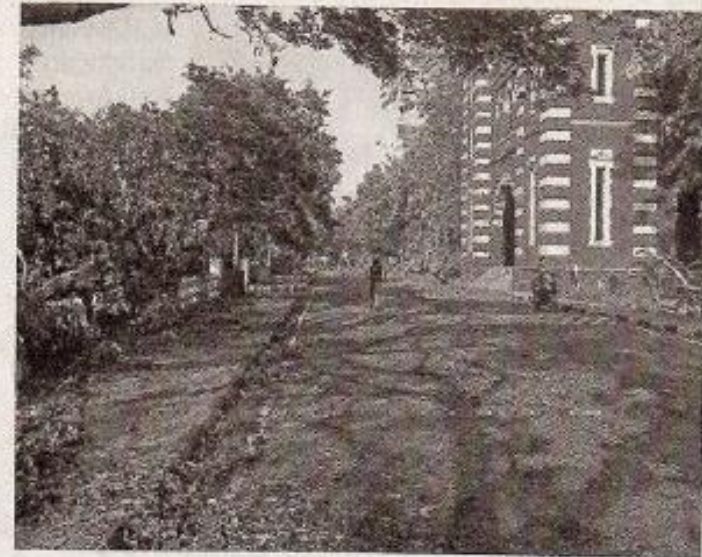
Mastermind Foundation had also been running a 'Food for Hunger' initiative during the lockdown where they cooked and distributed food among the poor



For suicide prevention

Founded in 2003 by Dr Lakshmi T Rajan, Mastermind Foundation also has a suicide prevention helpline that is mostly attended by her and her husband, Thiagarajan

Private player pitches in to help Loyola, Anna Univ regain green top



The sprawling Guindy campus of Anna University lost about 600 trees to Cyclone Vardah

■ THARIAN MATHEW

CHENNAI: A private, non-profit organisation has stepped in to replenish the green cover in both Loyola College and the Guindy campus of Anna University in a bid to repair the damage caused by Cyclone Vardah in December.

Mastermind Foundation, a non-profit organisation which has been involved in nurturing trees through its Viruksh-

am programme, has already begun planting 140 saplings of 14 natural varieties on Loyola College campus premises. Thiagarajan, a representative of the foundation, said, "College authorities told us that a total of 168 trees were uprooted. We are now planting Neem, Pungai and Poovarasu, Teak, Badam, Mango, Rosewood and Vengai. The foundation will ensure maintenance till the saplings grow upto 6 feet."

Dr Lakshmi, director of the organisation, said, "The two-

hour cyclone uprooted trees, aged about 50 to 100 years. Our work, aided by college's NCC wing, alumni and volunteers is to remove the uprooted tree and unnecessary debris, dig deeper pits if needed and plant the saplings."

Similarly, Anna University too approached them to re-green their vast campus, said Thiagarajan. The varsity's green brigade, consisting of student volunteers, through a ground level survey found out that the campus had lost more than 600 trees. Dr Lakshmi said, "The foundation conducted a one-day workshop for brigade members a month ago and taught them how to undertake the planting exercise. The planting of saplings in Anna University will commence after Pongal."

Apart from these two institutions, the foundation has already planted 15 saplings each at Women's Christian College and Good Shepherd school on College Road, 250 saplings at Sir M Venkatasubba Rao Matriculation Higher Secondary School in T Nagar, and another 100 at the deaf and dumb school at Chengalpattu.

Outlook

"From the psychological perspective, we don't find a single human being who is not feeling some degree of stress or anxiety due to coronavirus. The intensity and impact varies from person to person," said Lt Col N T Rajan, director of Chennai-based Mastermind Foundation. The organisation is involved in free counselling throughout India ever since the first case of the deadly virus was reported in the country. The foundation's recommendation on not to deploy the vulnerable in the police force, especially those above 50 years and women personnel with children below five years for COVID-19 related duty, was accepted and implemented by the Punjab government. Psychiatrists feel that further worsening situations could lead to severe mental health issues, even triggering suicidal tendencies. "Further worsening depression may lead to severe mental health issues and suicidal tendencies," said Dr S Senthil Kumar, a psychiatrist. However, not all of them require medicines, he added.

TH Counselling hotlines to count

Why pay for news? - [Know More](#)

other districts, visit www.tnpsya.org.

* Mastermind Foundation, a centre for mental health based in Chennai, had brought together more than 60 psychologists from across India to offer counselling support, round-the-clock and in 11 languages. The details of the psychologists, their contact details and availability are on <http://www.mastermindfoundation.com/>.

கரோனாவை மனரீதியாக தைரியமாக எதிர்கொள்ள

12 மொழிகளில் 24 மணிநேர இலவச உளவியல் ஆலோசனை

• ஓய்வுபெற்ற ராணுவ அதிகாரியின் தன்னலமற்ற சேவை

புதுச்சேரி

சென்னை

கரோனா வைரஸால் மனரீதியாக பாதிக்கப்படாமல் தடுப்பதற்காக, உளவியல் ஆலோசனையை இலவசமாக வழங்கும் சேவையை ஓய்வுபெற்ற ராணுவ அதிகாரி தொடங்கியுள்ளார். இதுவரை 400-க்கும் மேற்பட்டோர் இச் சேவையை பயன்படுத்தி பலன் அடைந்துள்ளனர்.

இதுகுறித்து, சென்னையைச் சேர்ந்த ஓய்வு பெற்ற ராணுவ அதிகாரி வெட்டிசென்ட் கர்னல் என்.தியாகராஜன் 'இந்து தமிழ் திசை' நாளிதழிடம் கூறியதாவது:

கரோனா வைரஸால் பாதிக்கப்பட்டுள்ள மக்களுக்கு மருத்துவ சிகிச்சையோடு, உளவியல் சிகிச்சையும் அளிக்க வேண்டும் என உலக சுகாதார நிறுவனம் அறிவுறுத்தி உள்ளது. இந்த தொற்றால் உயிரிழப்புகள் ஒரு பக்கம் நடந்து வரும் வேளையில்,



தேவையின்றி அச்சப்பட்டு தற்கொலை செய்துகொள்ளும் சம்பவங்களும் அறங்கேறி வருகின்றன. உலக அளவில் 60 சதவீதம் பேர் கரோனா வைரஸால் மனரீதியாக பாதிக்கப்பட்டுள்ளனர்.

இதைத் தவிர்ப்பதற்காக இலவச உளவியல் ஆலோசனை வழங்கும் சேவையைத் தொடங்கி உள்ளோம். தமிழ், தெலுங்கு, கன்னடம், மலையாளம், இந்தி, ஆங்கிலம், சமஸ்கிருதம் உட்பட 12 மொழிகளில் இந்த இலவச உளவியல் ஆலோசனை சேவை தொடங்கப்பட்டுள்ளது. விரைவில்

அசாம் மற்றும் நாகாலாந்து மொழிகளிலும் ஆலோசனை தொடங்கப்பட உள்ளது.

பொதுமக்களுக்கு சரிபாள், தரமான ஆலோசனைகளை வழங்க வேண்டும் என்பதற்காக, தகுதி வாய்ந்த 54 உளவியல் நிபுணர்கள் நியமிக்கப்பட்டுள்ளனர். தன்னார்வ அடிப்படையில் இவர்கள் இச்சேவையை வழங்குகின்றனர்.

பொதுமக்கள் இந்த உளவியல் ஆலோசனையை பெற விரும்பினால், www.mastermindfoundation.com என்ற இணைய முகவரியில் உள்ள உளவியல் நிபுணர்களின் தொலைபேசி எண், ஆலோசனை நேரம் உள்ளிட்டவற்றை பயன்படுத்தி தங்கள் சந்தேகங்கள், மனரீதியான பிரச்சினைகளுக்கு தீர்வு காணலாம். தென்னிந்திய மொழிகளில் 24 மணிநேரமும் இந்த இலவச சேவை கிடைக்கும். பிற மொழிகளுக்கு நின்று ஒரு குறிப்பிட்ட

நேரத்தில் மட்டுமே ஆலோசனை வழங்கப்படுகிறது. இதுவரை 400-க்கும் மேற்பட்டோர் ஆலோசனை பெற்று பயன் அடைந்துள்ளனர். மேலும் ஓரிரு நாளில் அறிமுகமாகவுள்ள The Mind care என்ற செயலியும் இலவசப் பயன்பாட்டுக்கு வரவுள்ளது.

மேலும், இமாச்சல பிரதேச சுகாதாரத் துறை, கோவை அரசுரா தொண்டு நிறுவனம் மற்றும் தென்மண்டல என்சிசி இயக்குநரக துணை இயக்குநர் ஜெனரல் ஆகியோர் இந்த ஆலோசனைகளை வழங்கும்படி கேட்டுக் கொண்டுள்ளனர். அரசு துறைகளும் இந்த இலவச சேவையைப் பயன்படுத்திக் கொள்ளுமாறு தெரிவித்துள்ளோம். கரோனா பாதிப்பை பொதுமக்கள் மனரீதியாக தைரியமாக எதிர்கொள்ள வேண்டும் என்பதுதான் நோக்கம்.

இவ்வாறு அவர் கூறினார்.

Letter from the Founder

We are proud of our financial efficiency and accountability as we work to maximize the value of every paise we receive. Our program expense is kept very low by using local resource and involving NCC and Students in our program.

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